



2018- 2019 Hands On Lotus Education Institute Schedule

500 hour Professional Massage Therapy Certification Program
September 4, 2018 to May 29, 2019

Bilingual (Spanish – English) coaches

Wednesdays– 9 am to 5 pm, Thursdays – 5-9 pm
(plus approximately 5 hour of homework per week)

Professional Massage Essential Practices: 9/4 – 9/26
Massage Therapy Techniques 1: 10/2 – 10/24
Anatomy Foundations: 10/30 – 11/21

Thanksgiving Off

Massage Therapy Techniques 2: 11/27-12/19

Christmas Break

Physiology & Pathology : 1/8-1/30
Massage Therapy Techniques 3: 2/5-2/27
Business and Marketing: 3/5-3/20

Spring break: 3/25 – 3/29

Intensive 1 (Spa Modalities, Stone Massage): 4/2-4/17
Intensive 2 (Advanced Rehab Modalities): 4/23-5/14
Intensive 3 (Energy Modalities): 5/15-5/29

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